



Tumut Community Preschool

June 2022 Newsletter

What a busy term we have had so far at Preschool.

Two of our Educators, Jaymi and Tash travelled to Darwin in May for the Early Childhood Australia Reconciliation Symposium. This was a unique opportunity for our Educators to learn, share and be inspired to work together towards Reconciliation. We were excited for their return as they shared stories and reflections with the Children and rest of the team. The Educators were able to use some of their reflections in their teaching, leading into Reconciliation week. You can read about some of the learning in this edition.

Please take note of the important dates below regarding staff development days and days of attendance for children.

Important dates

Term 2

Thursday 30th June- Last day of term 2 for children

Friday 1st July -Staff Development day (swapped from the first day of this term)

Term 3

Monday 18th July-Staff Development day

Tuesday 19th July - Children return for term 3



Miyagan Meeting

Save the date

Tuesday 28th June

OWNA invitation with time and location details to follow

Reconciliation week

27th May - 3rd of June

A time for all Australians to learn about our shared histories, cultures and achievements, and to explore how each of us can contribute towards a reconciled Australia. It is about strengthening relationships between Aboriginal and Torres Strait Islander peoples and non-indigenous people.

At Tumut Community Preschool, we have been progressing our Reconciliation journey through a Reconciliation Action Plan since 2016.



This year to acknowledge Reconciliation week the Children and Educators worked on a community engagement project with the theme 'Be brave, Make change'. The project involved the Children and Educators creating Reconciliation packs, including information about reconciliation and a heart shaped pledge card which read 'Hand on heart we pledge to..'. We worked hard to provide as many of our local business and organisations with a pack asking them to make their pledge towards Reconciliation on the heart card provided. The pledges were then collected and proudly displayed at "Local at Learmonts" for the week. We have been amazed by the community's engagement with the project and are excited to see the many unique pledges in action as these community groups now begin their Reconciliation journey.

Fire Pit

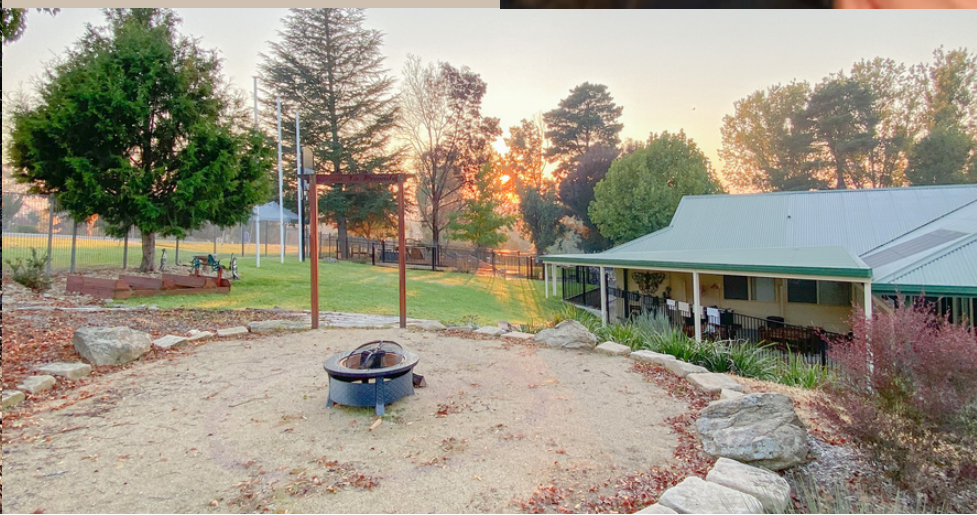
It has been perfect weather to enjoy some time at our fire pit this term in our "buwanha maldhanhagu" (grow to provide) garden.

In each room, the children have learnt about the risks associated with fire and how they can minimise these risks.

The children start practicing their 'fire safe bodies' using a candle at group time before progressing to the outdoor fire pit.



The Children and Educators enjoyed having their morning meeting together at the fire pit for Reconciliation week. They sang the Acknowledgement of Country around the crackling fire to start their day.





STEAM

STEAM is an approach to learning and development that integrates the areas of **science, technology, engineering, arts and mathematics.**

Educators design learning opportunities that develop skills including problem solving; creativity; critical analysis; teamwork; independent thinking; initiative; communication and digital literacy.

Through playful and enjoyable experiences based on children interests and their strengths, these key concepts are an important part of learning at Preschool.



School Readiness-Continuity of learning

School Readiness refers to whether a child is ready to make a successful transition to school. While many people think of academics, (e.g writing their name, counting to 10, knowing colours), as the important school readiness skills, school readiness actually refers to a much broader range of skills.

In addition to some academic basics, school readiness skills also include self-care (independent toileting, opening lunch boxes and managing belongings), attention and concentration, physical skills (e.g having the endurance to sit upright for an entire school day), emotional regulation, language skills and play and social skills.

School readiness is about development of the whole child. Children who start school when developmentally ready to learn, do better in school and it sets them up for success later in life.



Children often participate in cooking experiences at Preschool, where they learn about measurement, volume, hygiene, new food experiences, motor skills and science concepts. This is a popular recipe we have tried

Carrot and Zucchini Muffins

Ingredients


- 1 cup self-raising flour
- 1 cup wholemeal self-raising flour
- $\frac{2}{3}$ cup caster sugar
- 1 tsp ground cinnamon
- $1\frac{1}{2}$ cups grated carrot
- $\frac{1}{2}$ cup grated zucchini
- $\frac{1}{2}$ cup sultanas
- 100g margarine/butter, melted
- 2 eggs, lightly beaten
- $\frac{1}{2}$ cup reduced-fat milk

Method

1. Preheat oven to 180°C. Line a muffin tray with muffin cases.
2. Sift flours into a large bowl. Stir in the sugar and cinnamon. Add the carrot, zucchini and sultanas and mix well.
3. Whisk the margarine, eggs and milk together in a medium bowl. Fold butter mixture into carrot mixture until just combined.
4. Spoon evenly into the muffin tin and bake for 20-25 minutes or until cooked through when tested with a skewer.
5. Remove and cool in the pan for 5 minutes before transferring to a wire rack to cool.


www.healthylunchbox.com.au






Tumut Schools as Community Centres

CAPPER ST. TUMUT
PH: 0269476961



TUES Mums & Bubs 9.15-10.30am	Come along to a warm, supportive group for parents and their little ones aged 0-18months to build friendships, discuss ideas, concerns and the joys of parenting. Along with developmental play experiences and nursery rhymes/music time.
Paint & Play 11am-12.30pm	Embraces learning through play and supports creative explorations, encouraging children 0-6years to develop their physical, social, emotional, cognitive and language skills all whilst getting to share it with those they love. Join us for some music and story sharing.
WED Paint & Play 9.30- 11am Gurinya 12-1.30pm	Come along for fun and educational play experiences, music and dance for children 0-6years. Is an inclusive playgroup for koori families and provides cultural connections and learning. Come along for a cuppa and yarn.
THU Paint & Play & MyTime 9.30- 11am	Because Paint & Play is so much fun, its on three times a week and we have combined it with MyTime to provide a supportive, stimulating and developmental learning environment for children 0-6years and their parents!
FRI	Parenting programs, workshops and transition groups. Enquire within. <i>All of our playgroups are FREE & lead by a qualified early years facilitator!!</i>





NEW PHYSIOTHERAPY PAEDIATRIC SERVICE IN TUMUT



Physiotherapist Tayla Lindner



SERVICES:

- cerebral palsy,
- developmental delay, syndromes and other genetic conditions,
- spina bifida
- muscular dystrophy
- brachial plexus lesions
- juvenile chronic arthritis
- head shape deformities
- postural problems
- respiratory problems such as cystic fibrosis,
- sports injuries
- growth problems
- gait/walking issues
- general fitness
- weight reduction
- asthma.

My name is Tayla Lindner, and I have a special interest in working with paediatric clients and their families. I moved to Wagga at the end of 2019 to pursue my interest in paediatrics, and explore all the area has to offer.

I am reaching out to let you know that I have commenced a weekly paediatric service on Thursdays in Tumut, based within the Tumut Family Medical Centre.

I wanted to let you know that this now allows for new patients to be seen in our Tumut clinic rather than having to travel to Wagga for treatment. This is something I am excited and very proud to be able to provide to your community.

Phone 02-69257734 for appointments