



Tumut Community Preschool

COVID-19

Thankyou to our wonderful Families for a great first term. A big thank you to everyone who has kept children home with symptoms or as close contacts. We appreciate the phone calls notifying us of positive cases in your family or if children are close contacts. This helps us to ensure other families are informed of the risks.

Please continue to call us if any of your family or your children test positive – we have processes we have to follow and it is crucial that we have this information.

Children are not allowed to attend with any symptoms, and we thank families for being so understanding and keeping children home.

Important dates

Friday 8/04- Last day of Term

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Monday 25/04- Anzac Day
Service Tumut
Tumut Community Preschool
will be laying a wreath at the
main service

Tuesday 26/04- Term 2
begins and children return





Did you know Tumut Community Preschool features on our local radio station 'Sounds of the Mountains' **every Friday fortnight at 11.15am?**

During this valuable air time our Educational Leader Kylie Murdoch is able to share with the wider community all the amazing learning that your children are engaging in, the wonderful projects our very passionate educators are working on, our exciting plans, upcoming events and achievements of our Preschool.

It is also an opportunity to advocate for the incredible importance of Early Childhood Education for all children in our community and the many life-long benefits that a child will receive by attending a high-quality Early Learning Service such as ours.

Keep an eye out for reminders on **OWNA** about our upcoming radio sessions so you can tune in.

Tumut Show

We hope you were able to see our amazing display at the Tumut Show earlier in the month. The Children were involved in re-creating parts of our reconciliation journey and our most meaningful areas we value here at Preschool. The diorama displayed our Ganya, Reconciliation Garden, Yiray Garden and Sorry Garden. We prioritise reconciliation in our Early Learning curriculum and value it's importance.

Did you know that in 2021 Tumut Community Preschool were announced winners of the National Narragunnawali award?



The Narragunnawali Awards are the only National awards program that recognises and celebrates Australian Schools and Early Learning Services that are implementing outstanding reconciliation initiatives.
www.narragunnawali.org.au

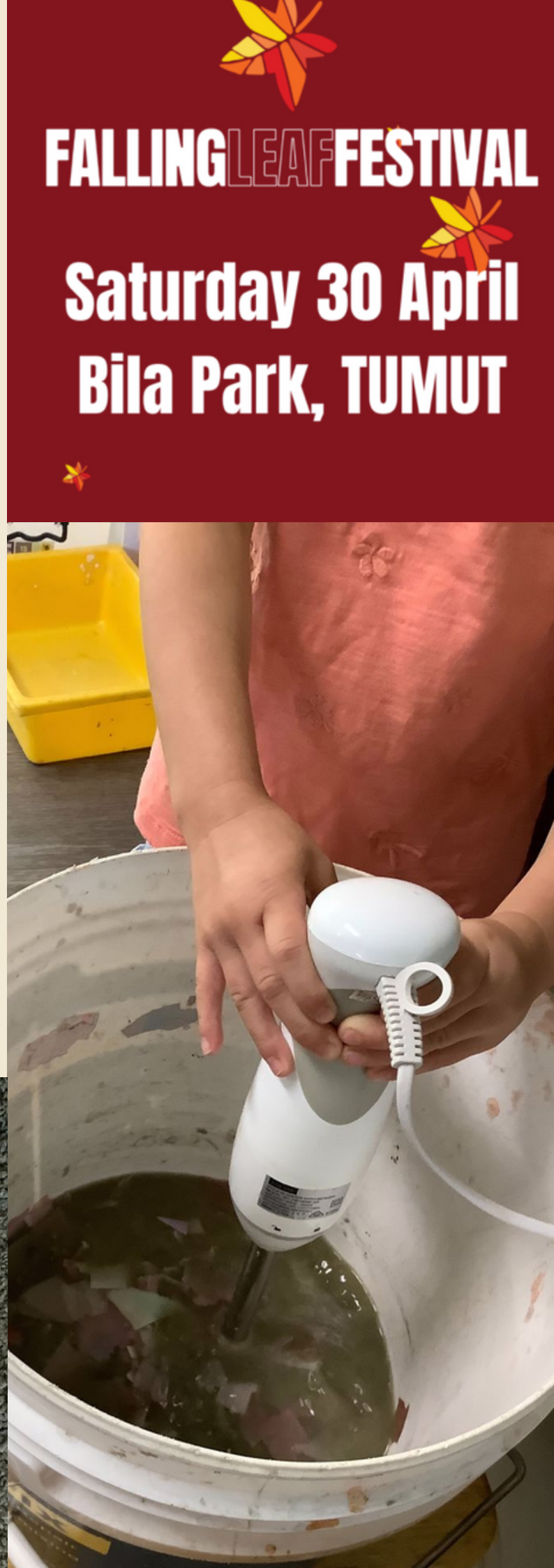
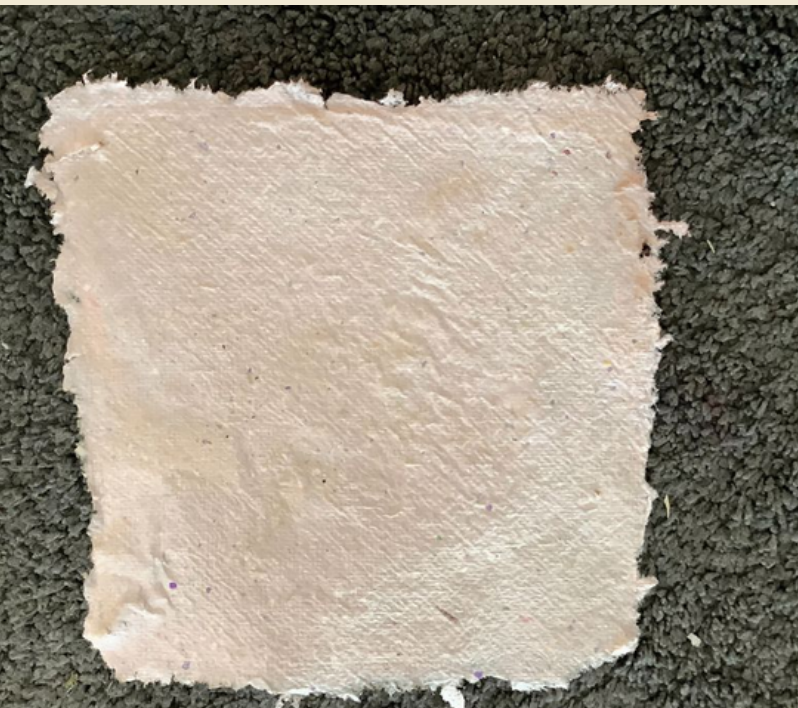


Community Events

The children are beginning to work on a display for the Falling Leaf Festival. The theme for this year is 'recycle, repurpose and reuse'.

The children have been experimenting by making their own paper and are eager to share the project with you all.

Keep an eye out at the Falling Leaf Festival for our display on Saturday the 30th of April.



FALLING LEAF FESTIVAL

Saturday 30 April

Bila Park, TUMUT

Membership Fees

Our new families for 2022 would have received an emailed invoice for our \$25 membership fee. We would appreciate prompt payment by following the instructions on the invoice if you haven't done so already. If you are having any issues, please call or email us. We are always happy to help.

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The Tumut Community Pantry

provides packages of basic food and personal items for \$5.

Staples such as rice, pasta, cereals, milk, tinned fruits and vegetables and basic meals are sourced through donations and passed on to the community at a low cost.

The Pantry operates from the Uniting Church Hall, 178 Wynyard Street Tumut each *Friday morning* from 10am – 12pm.

You can also contact them on 0427 538 219.

A Growth mindset – what is it and how can you help develop it?

A growth mindset is the idea that your child's abilities and intelligence can change and grow with effort and support, unlike a fixed mindset where the assumption is intelligence cannot be developed, it is fixed and unchanging.

Encouraging a growth mindset in your child can help them to reach their goals and achievements in life, avoiding an "I can't" attitude. They will be able to stay motivated and take on challenges and learn from them, therefore increasing their abilities and achievements.



So how can we help develop a growth mindset?

- Studies on different kinds of praise have shown that telling children they are "smart or clever" encourages a fixed mindset, whereas praising hard work and effort (the process) cultivates a growth mindset.
- Resist swooping in to fix things for your child. Give them the opportunity and the time to try – and fail – to fix their own challenges. Ask them "how can you fix this?" with you there to support them.
- Give children the time and space to use materials in their own way. This isn't just about letting them play and use their imaginations; it's also about building confidence, independence and creative problem solving, which are all big parts of fostering that growth mindset.

- Encourage risk-taking. This can be physical risks like climbing higher on the play equipment, using real tools like a kitchen knife when cooking or touching that slug in the garden. This will be different for every child, and you should only permit safe choices while still trusting the child.
- Praise effort authentically and specifically. Instead of focusing on the outcome, focus on the process. For example if a child is building a Lego set and it crashes, praise them on how hard they worked and how they have the opportunity to try again to improve it during the rebuilding process. If children learn that only the outcome matters and not the effort behind it, they may think they cannot do more or try harder to change that outcome.
- Tell your child how their brain works - when they learn that their brain will continue to learn and grow, they're more likely to let that happen, rather than accepting that they can only learn or know so much.
- Your child looks up to you and watches almost everything you do. Whether you realize it or not, your actions and your words are influencing them on a daily basis. To help your child develop a growth mindset, you should model one, yourself. Instead of giving up on something and saying it's too hard, choose to say that you just need to keep working on it or that you'll get better. You can play a huge part in the development of your child's growth mindset just by practicing it yourself.
- Everyone can be their own worst enemy, even children. That's why it's important to teach your child how to recognize negative self-talk from an early age. They can develop the skills positive self-talk and words of affirmation.

